CONCEPTS COVERED: Practice
STUDENT LEVEL: Beginner and up

Lasagne & Layers

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Lasagne & Layers

HOW TO USE

- Choose one of the *Lasagne and Layers* sheets. (There are 8 different illustrations, each one with a puzzle version and a coloured-sheet version.)
    - On the sheet, write or type the 3 or 4 items you're going to practice.
    - If you're using the puzzle version, use the various pieces to build the layers from the bottom up as you practice.
    - If using the coloured-sheet version, you can simply tick or mark each layer as you work from the bottom up during your practice session.
- Practice those things in order of the layers, working from the bottom up. For example, if you are using the lasagne sheet and practising Sonatina, Rag and the A major scale, your practice might look like this:
    - Sonatina, 3 times, right-hand alone
    - Rag, last line 4 times
    - A major scale, left hand
    - Sonatina, 2 times, left-hand alone
    - Rag, last 2 lines, 3 times
    - A major scale, right hand
    - Sonatina, 2 times, hands together
    - Rag, last 3 lines, 3 times
    - A major scale, hands together, similar motion
    - Sonatina, 4 times, hands together
    - Rag, last 4 lines, 3 times
    - A major scale, hands together, contrary motion

LEARNING OBJECTIVES

This activity helps students visualise the process of interleaved practice and makes their practice more efficient by keeping their brain working the whole time.

Theory Concepts Covered: Interleaved practice

Student Level: Beginner and up

Activity type: Practice aid

Number of players: 1 student

Seasonal: Not seasonal

ASSEMBLY

To assemble this resource:

- Print any pair of puzzle sheets (pages 3 – 18) or any one of the full colour sheets (pages 19 – 26). Make sure to choose one that has the correct number of items (either 3 or 4) that you wish your student to practice.
- If you're using one of the puzzle versions, cut around each puzzle piece.

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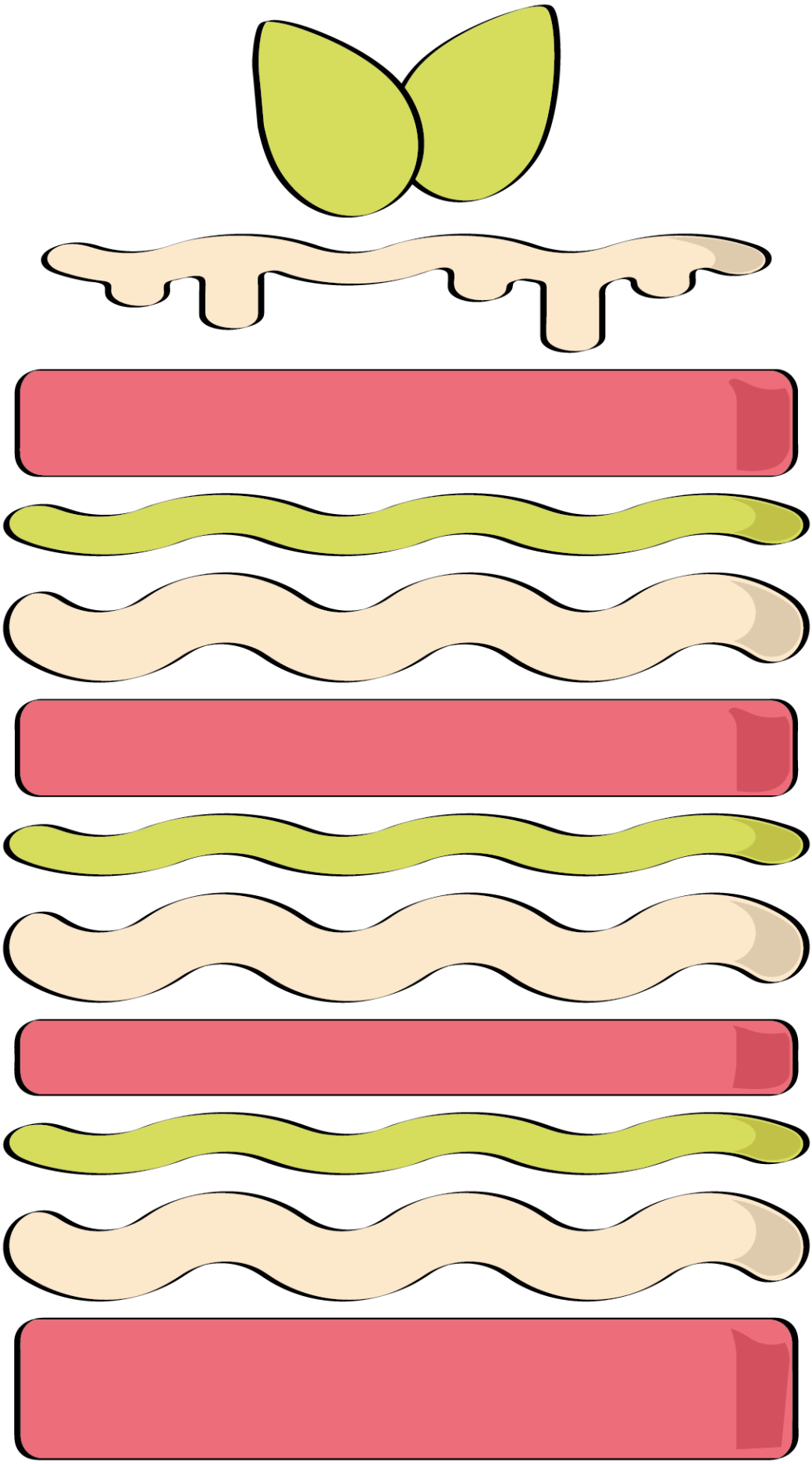

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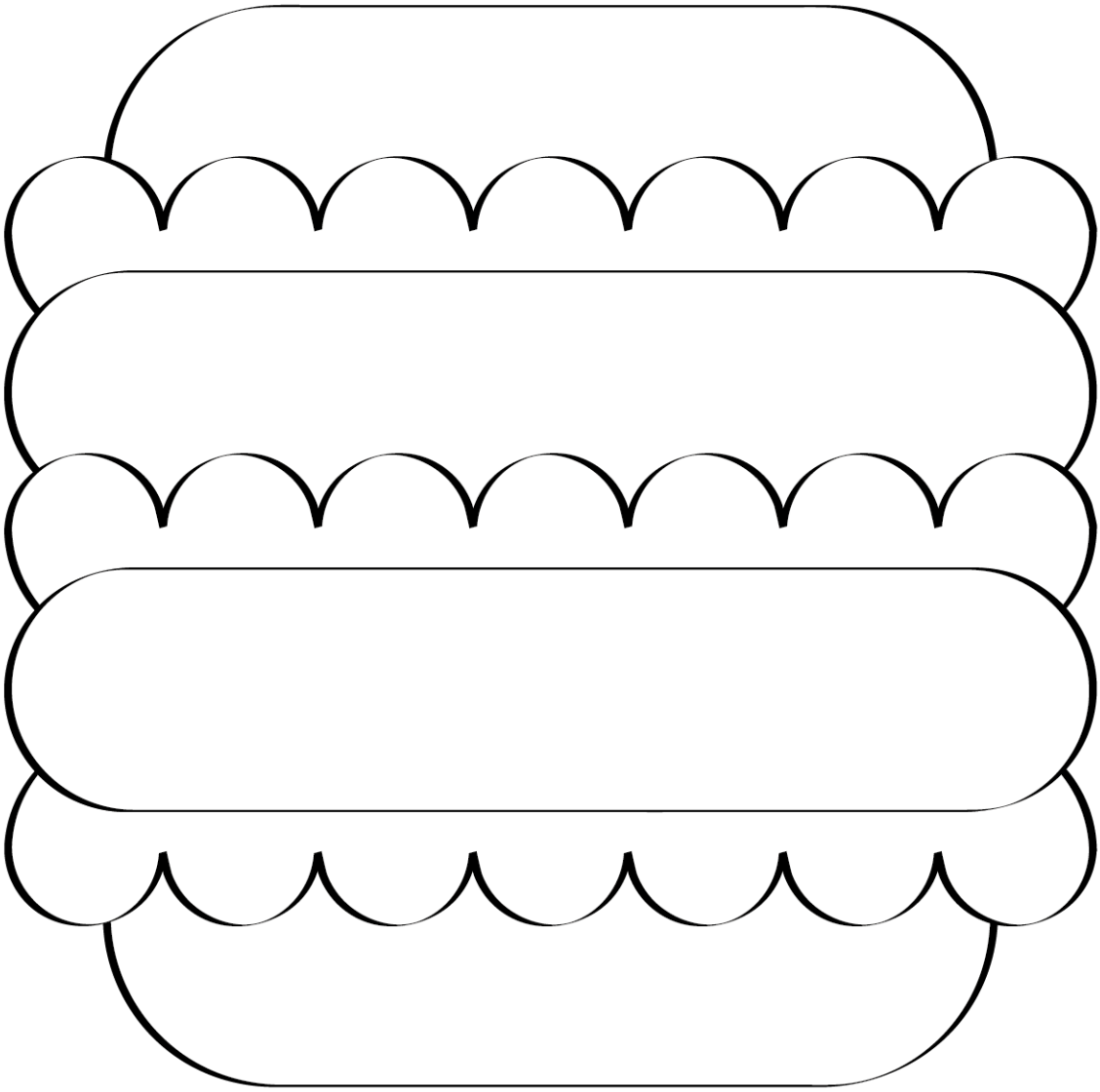

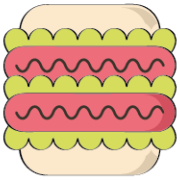

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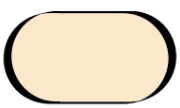 = _____

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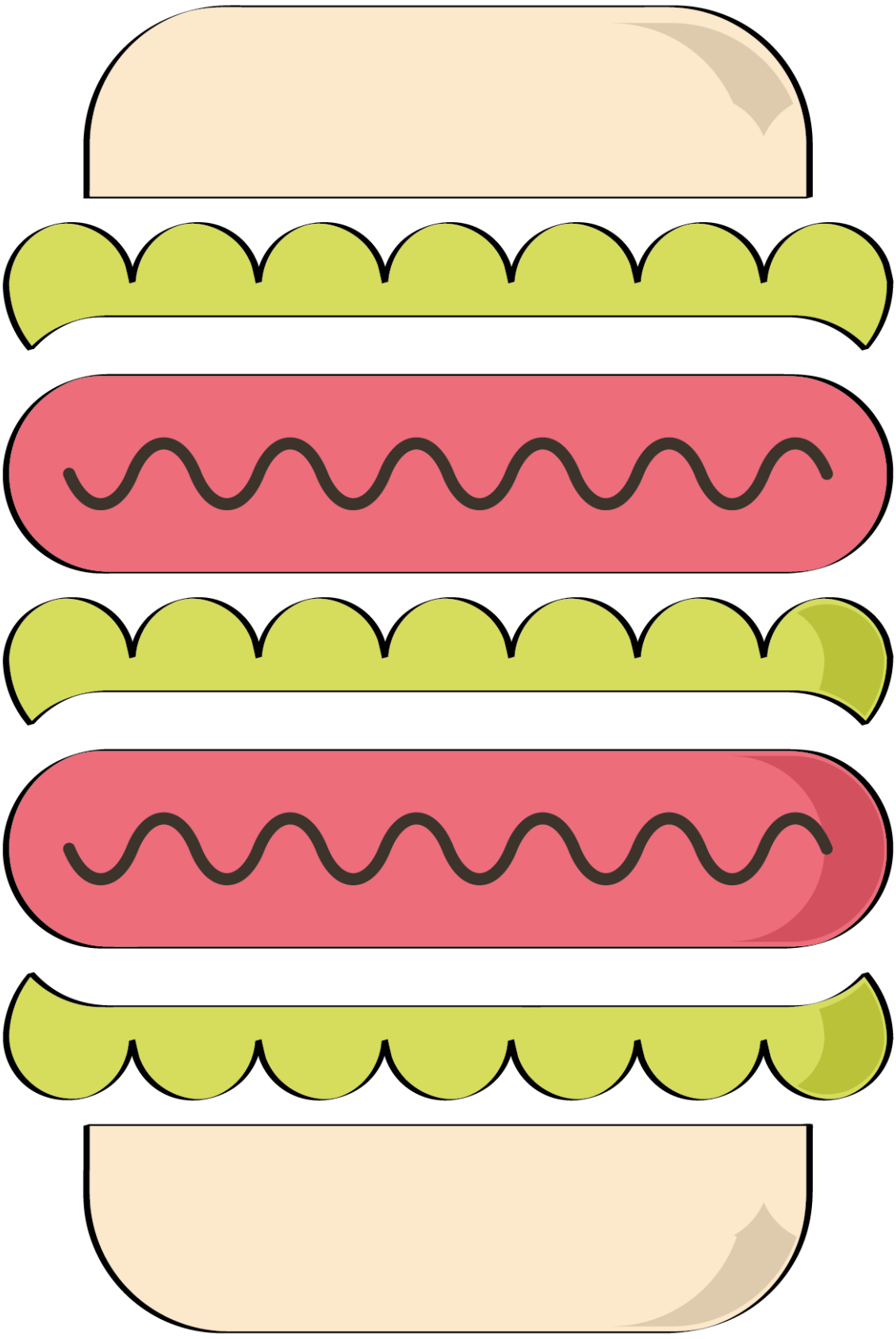

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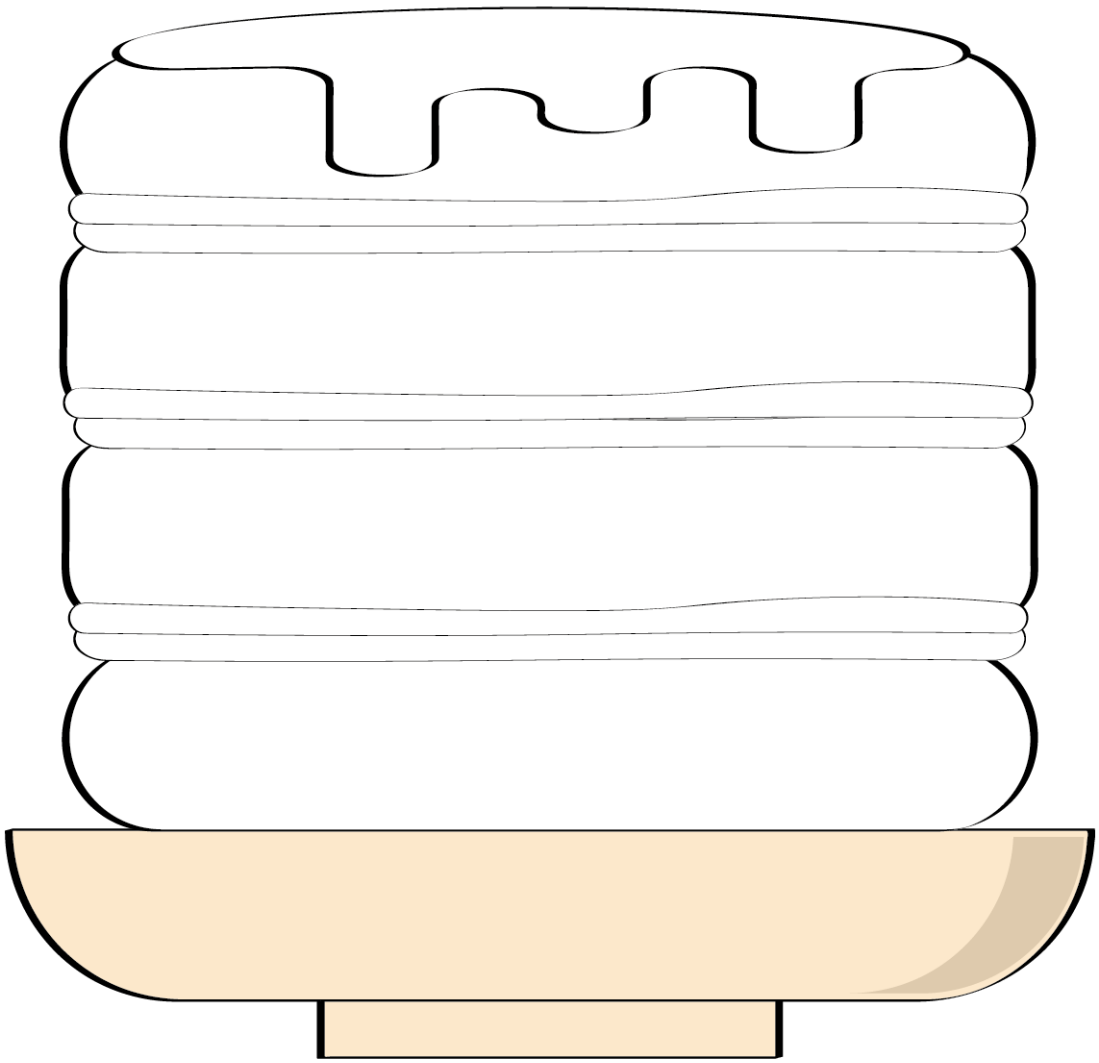

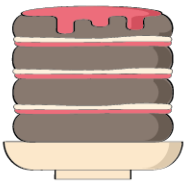

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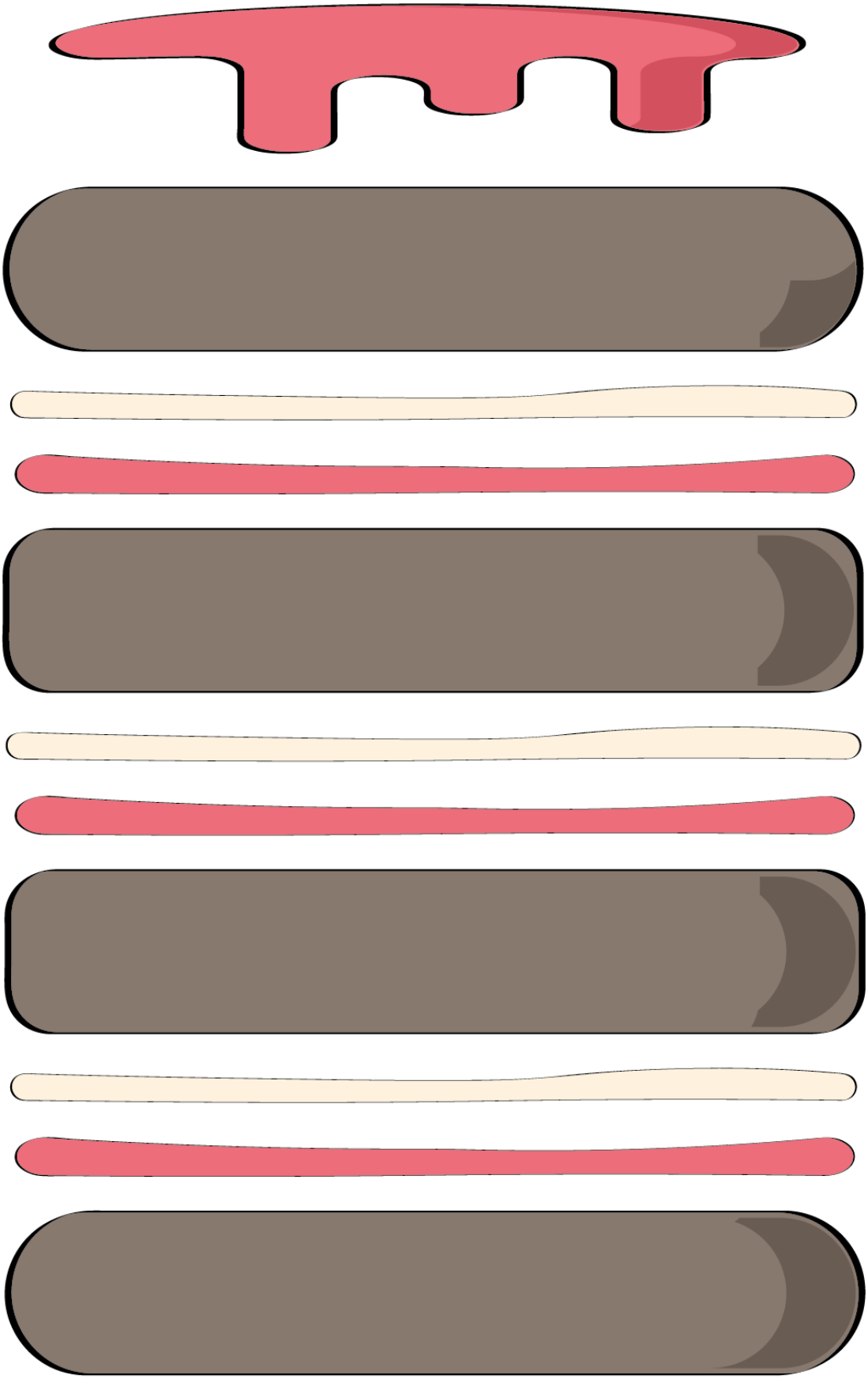

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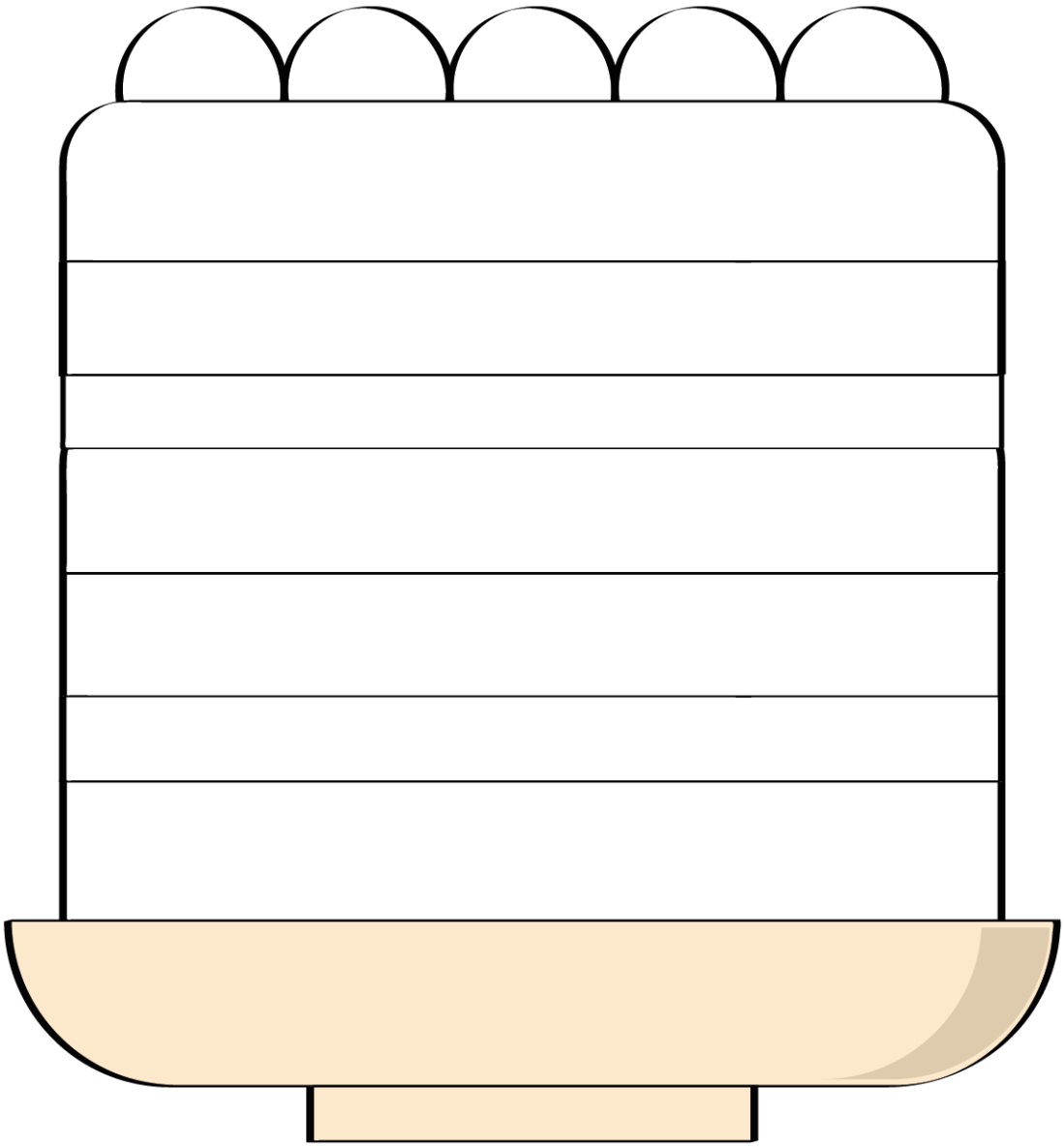

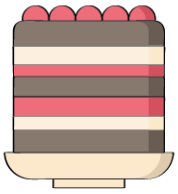

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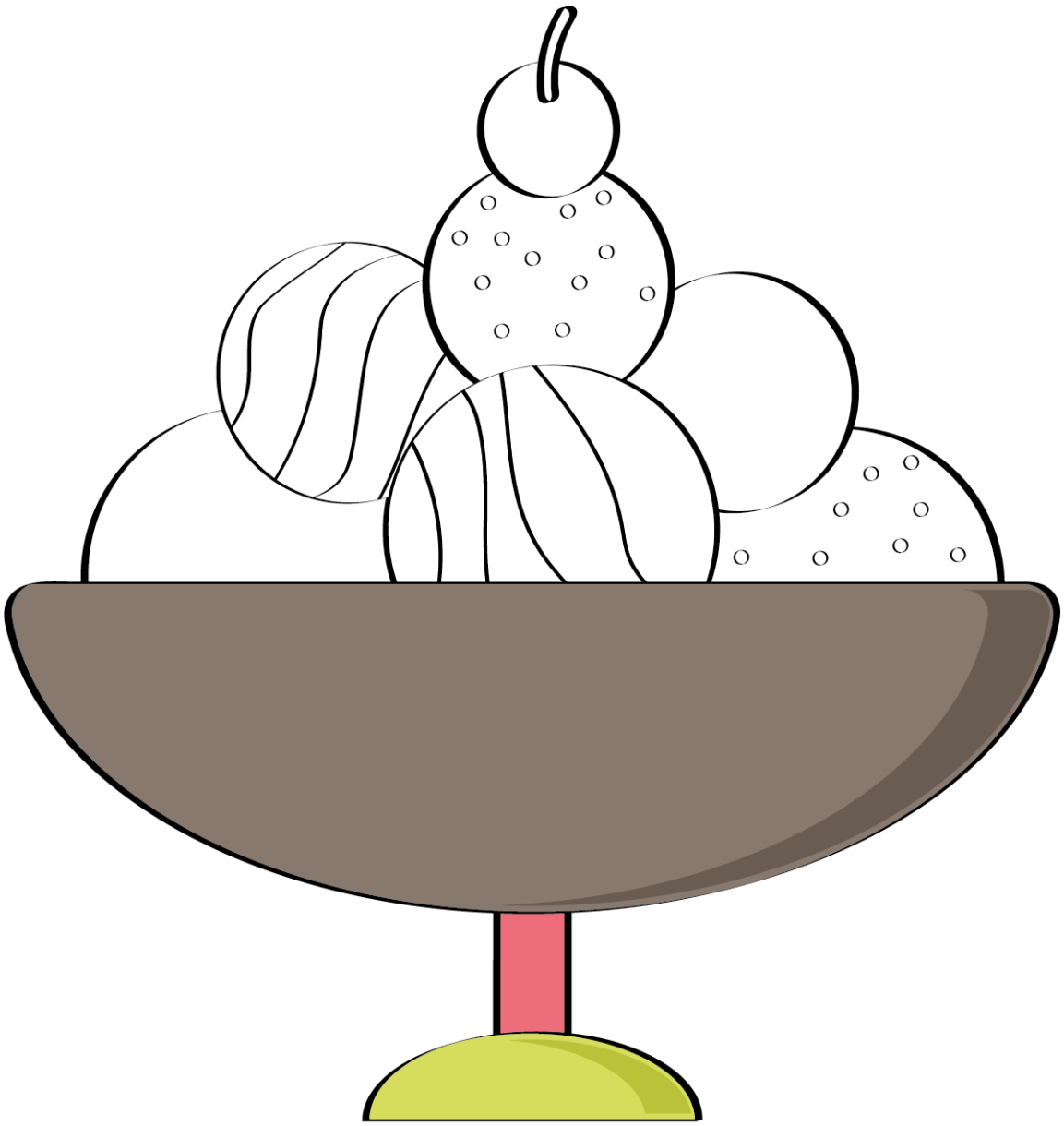

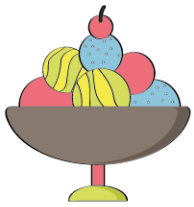

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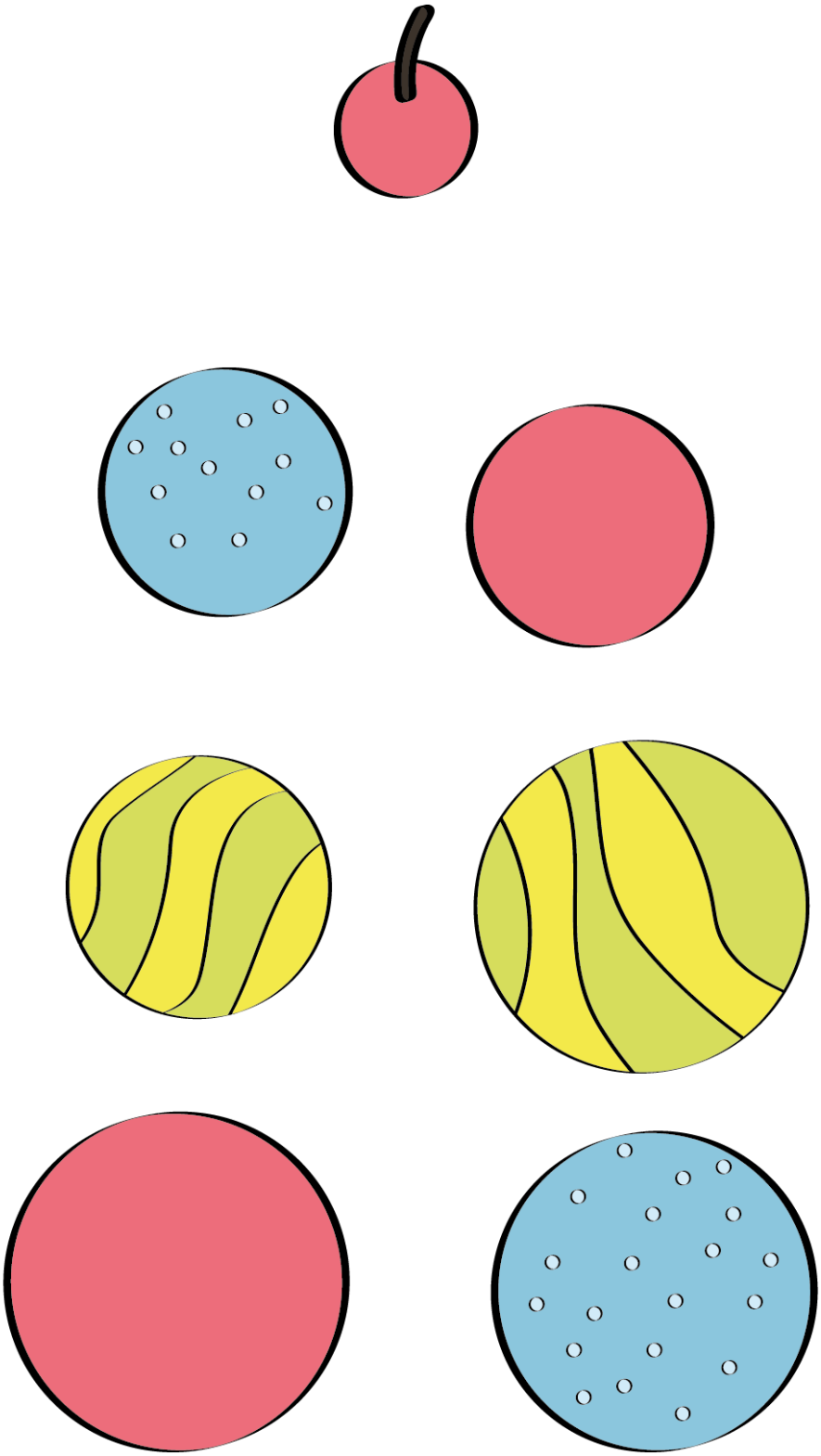

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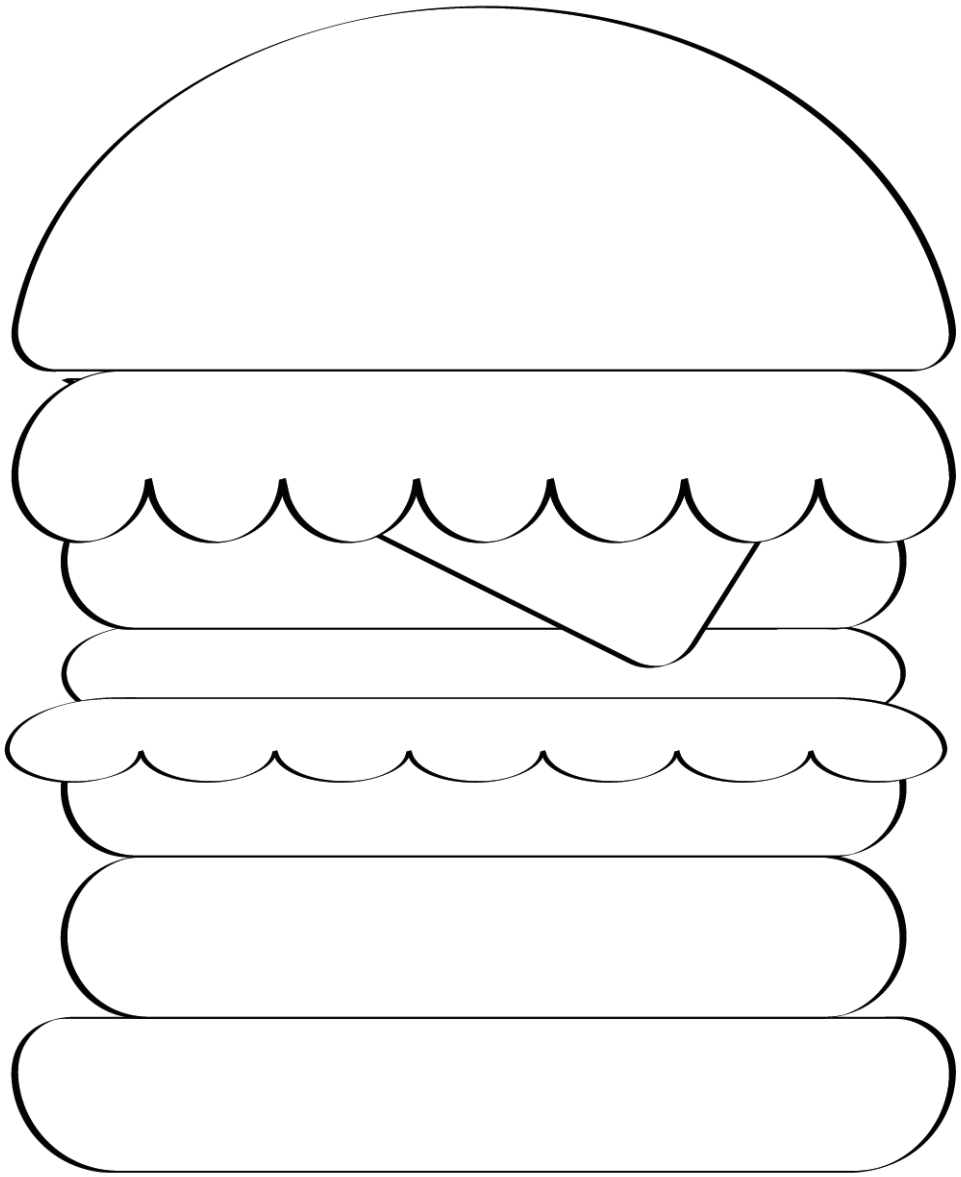

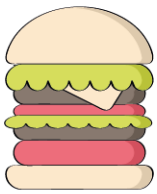

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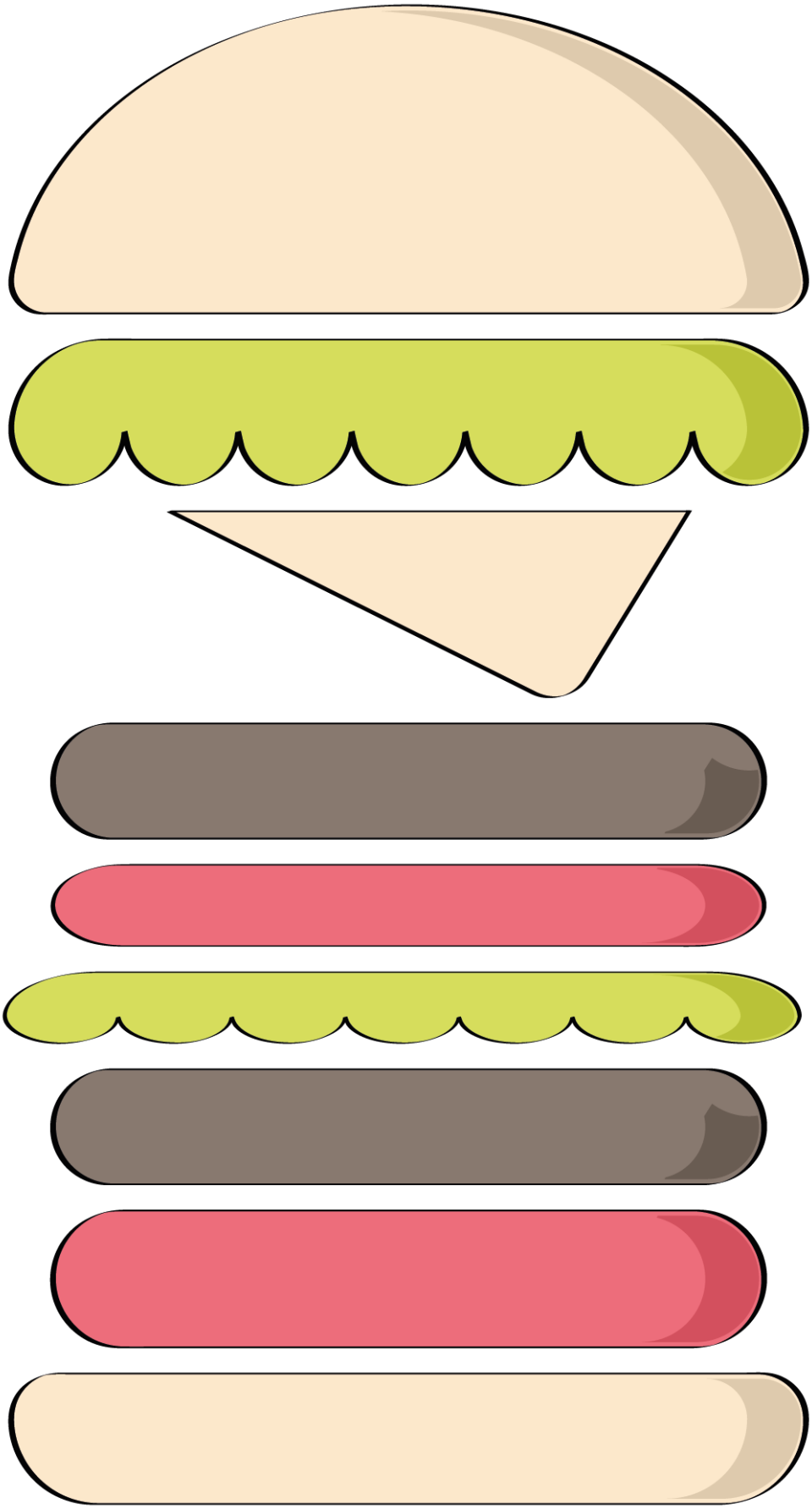

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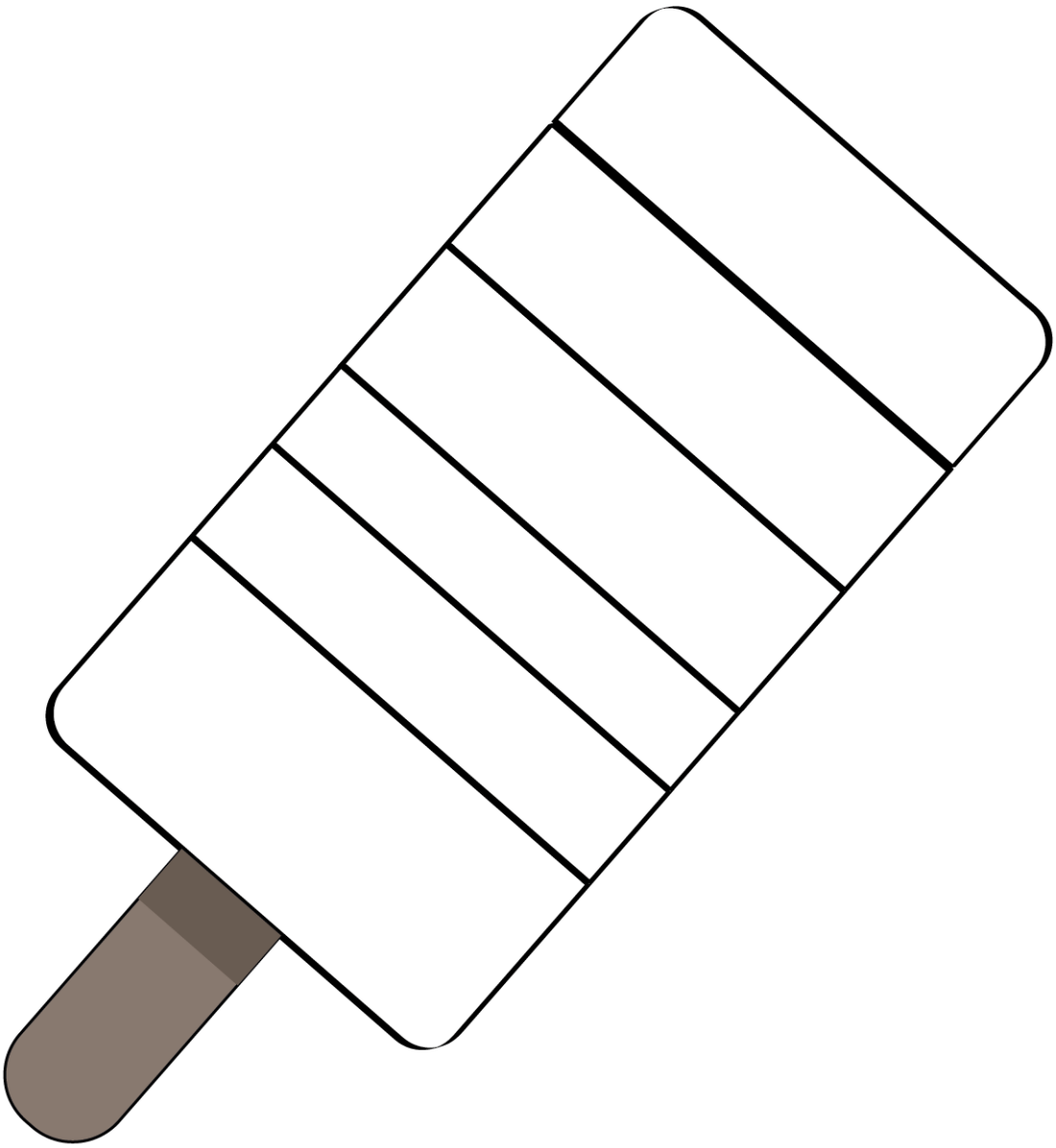

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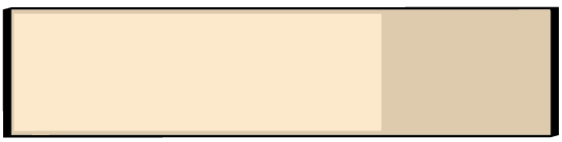

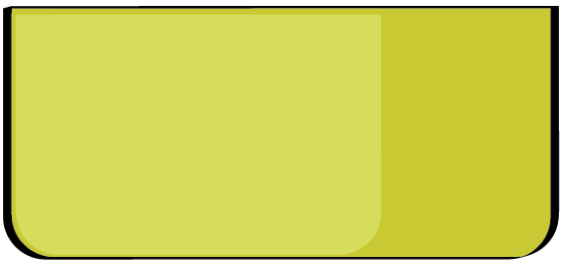

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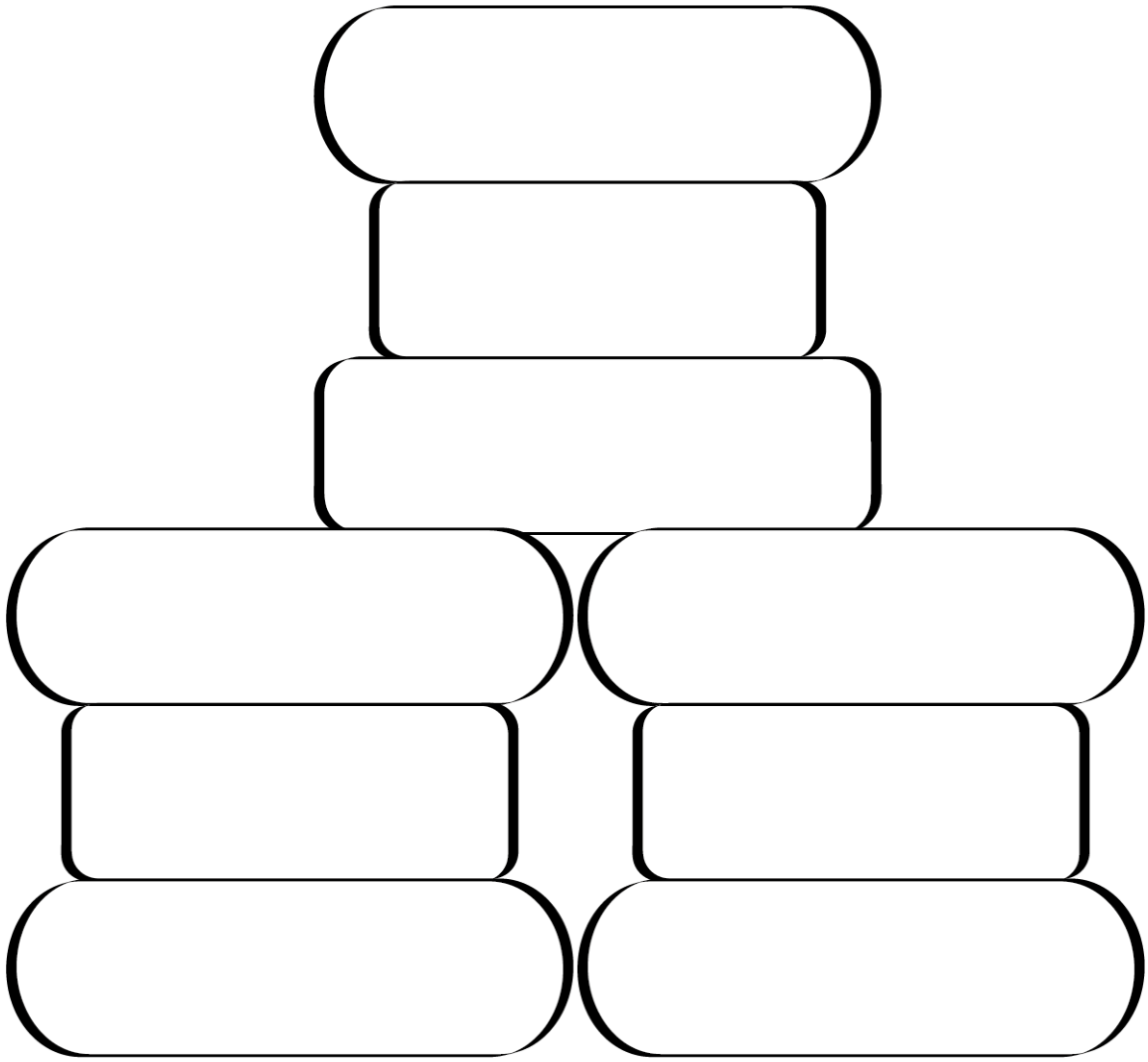

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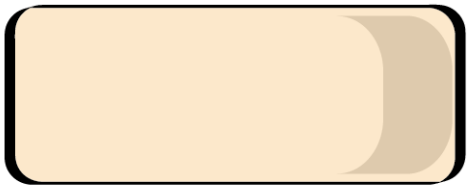

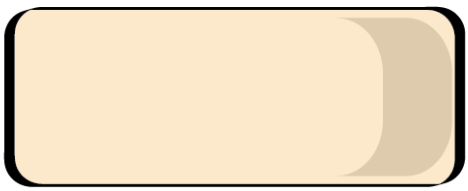

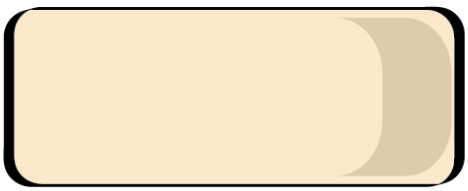

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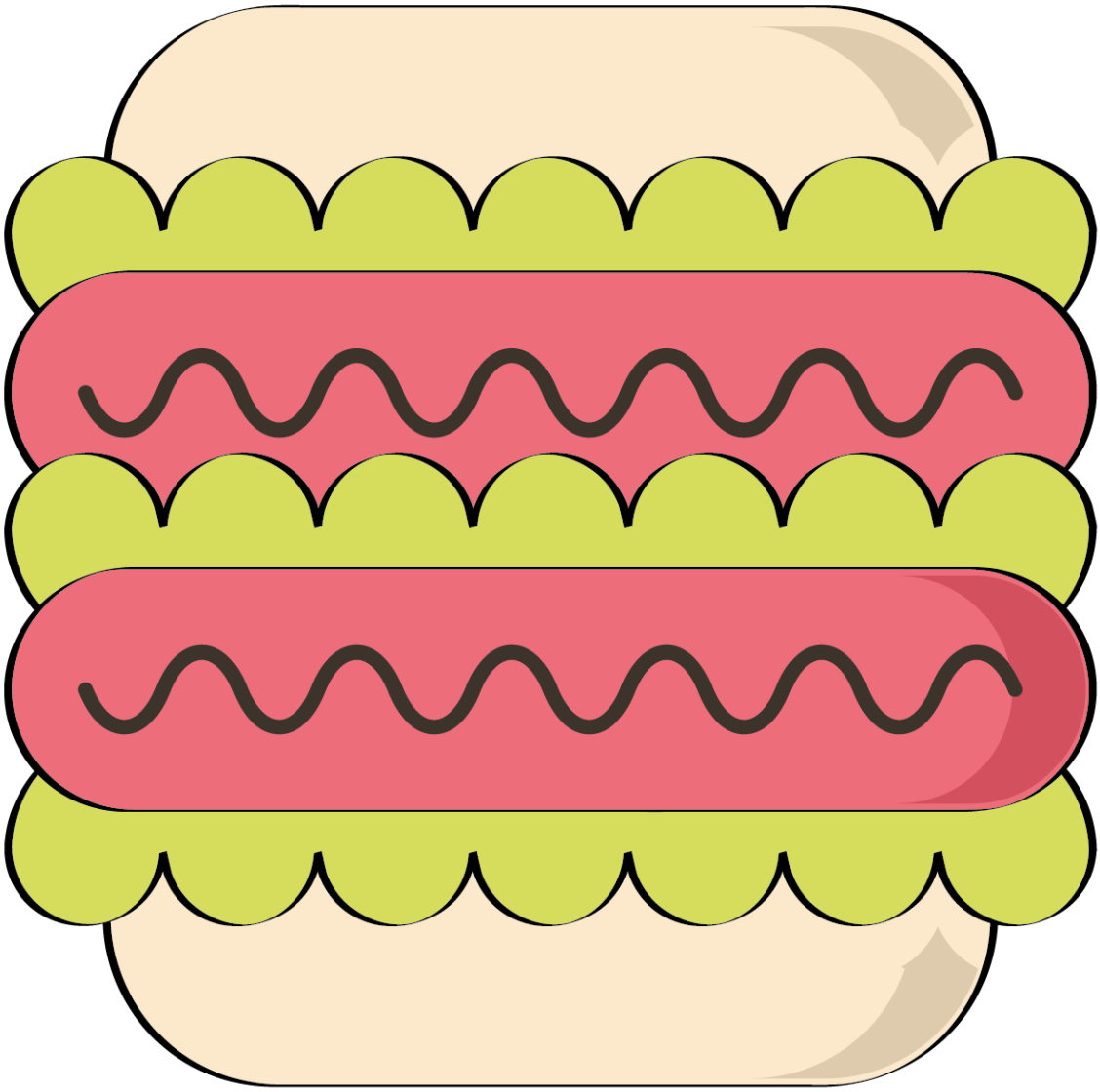

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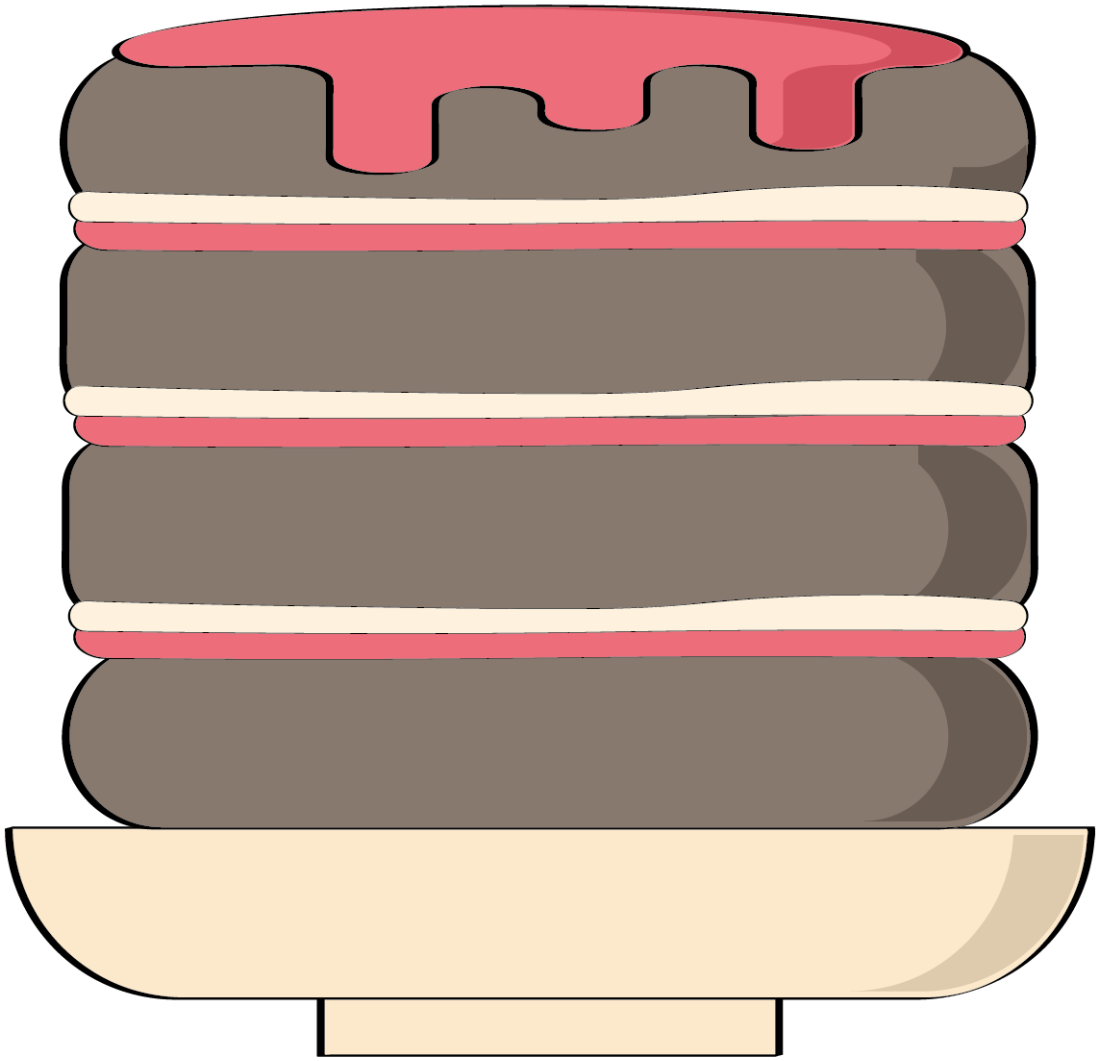

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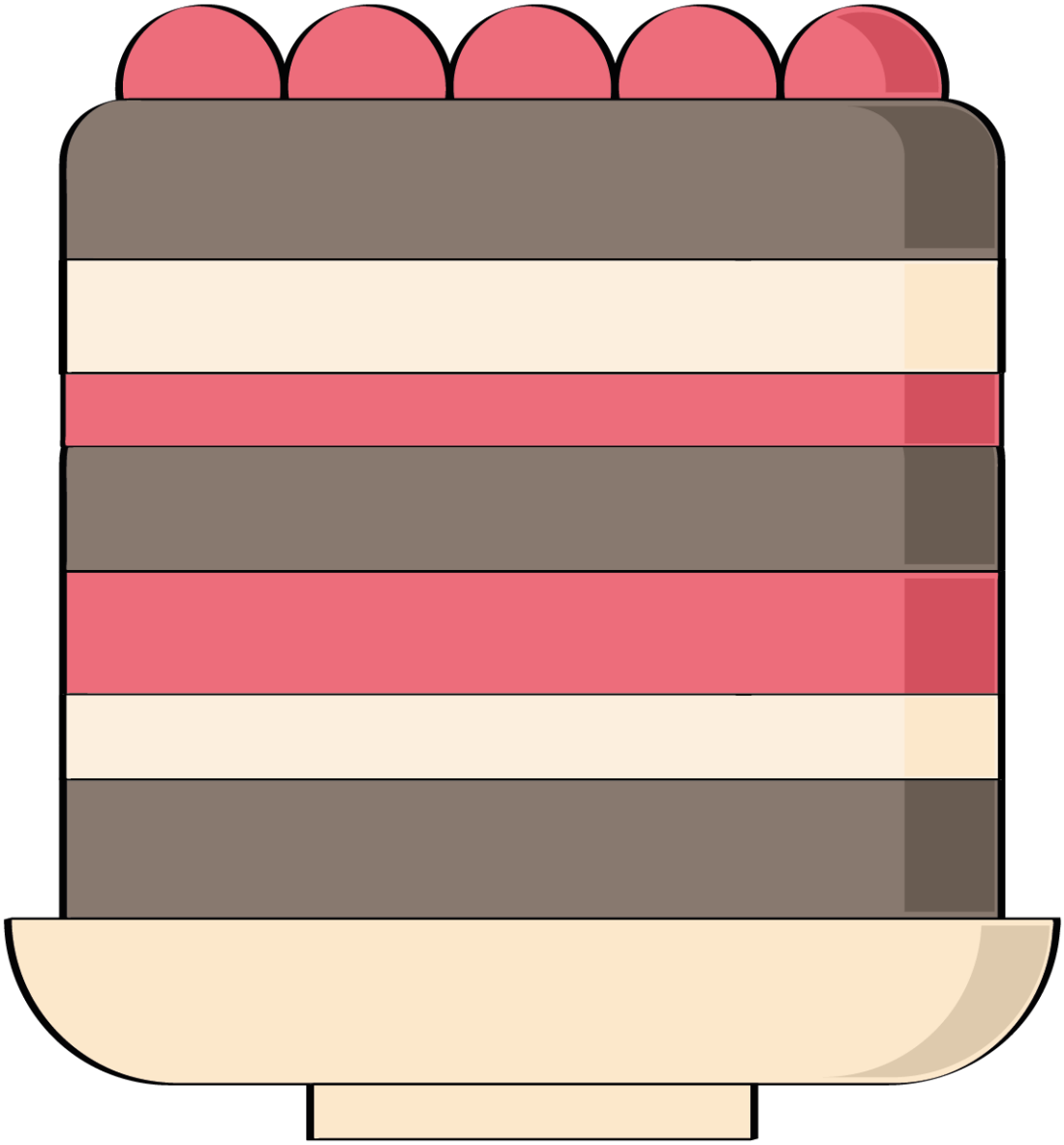

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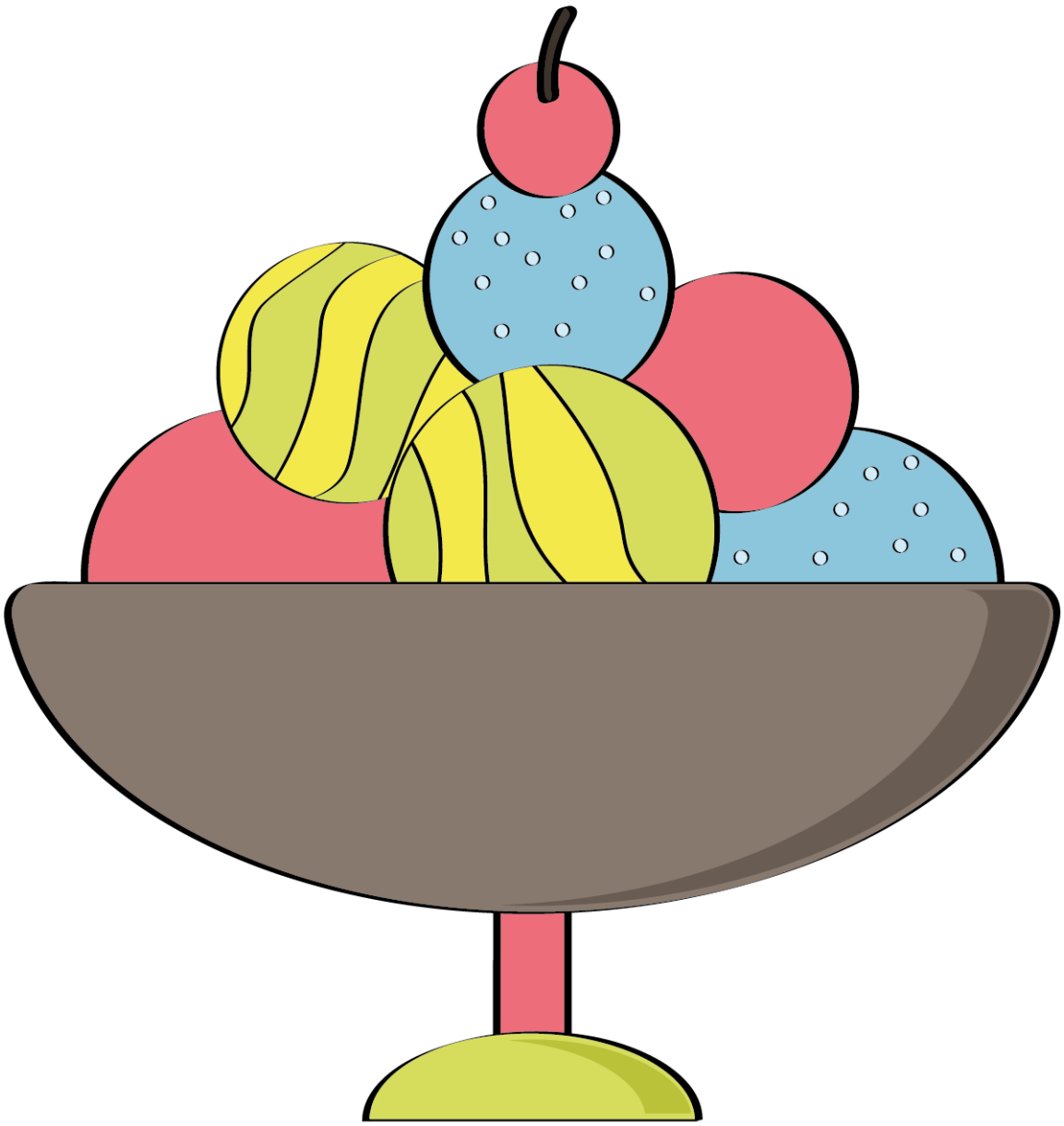

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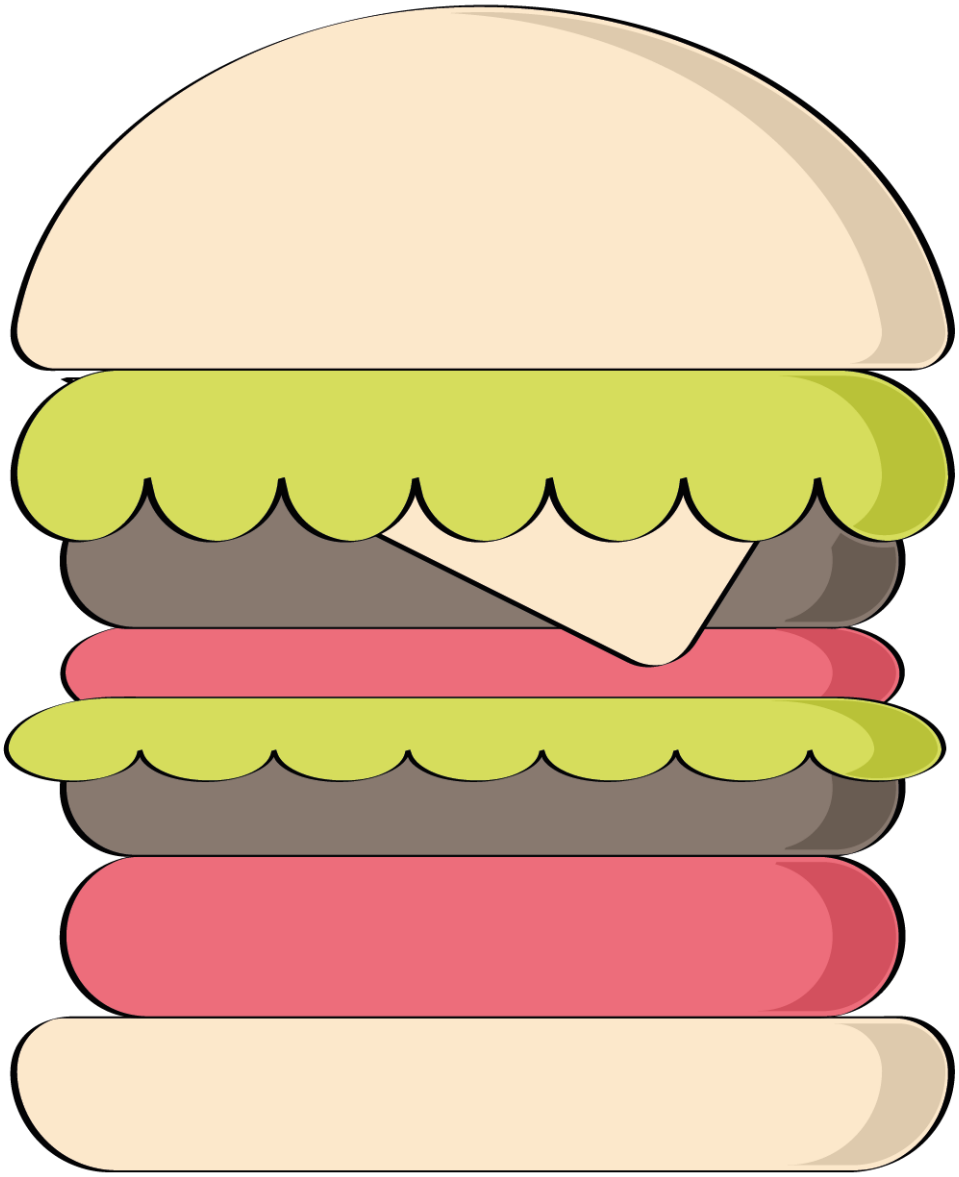

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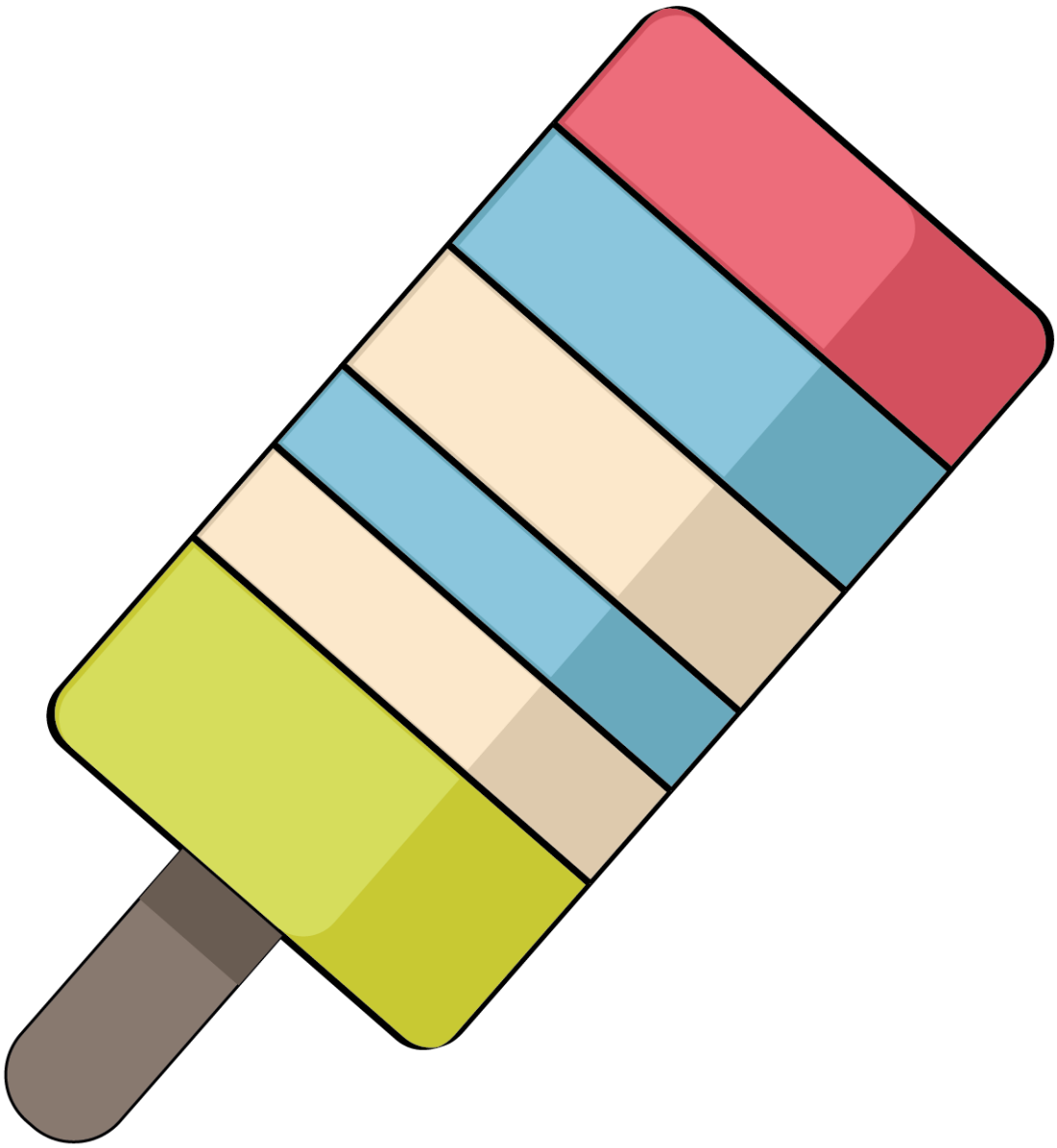

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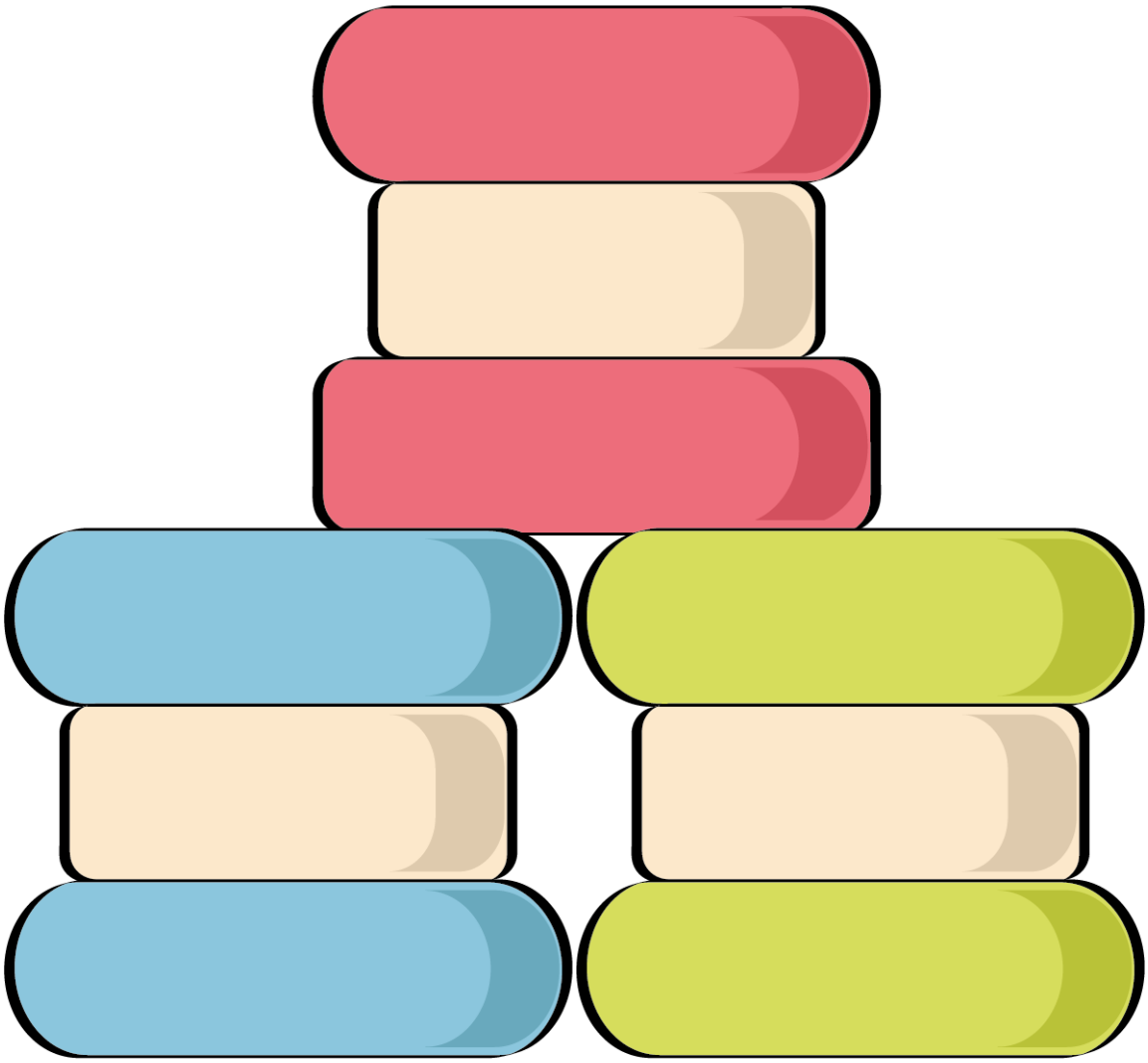

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